

Youth Dance Festival 2024 Developing the

Theme: “What do You Dream?”

Think how you might take key concepts and storyboard into your 3–6-minute dance work. Think about how you might use multimedia in your live dance work or make a dance film to engage with the theme.

How might music/lyric content be used to express ideas; can you use relevant words and phrases (text) in your multimedia? What props might you use?

Think about your structure. Does your work have a beginning, a middle and an end?

Some ideas:

Dreams can show us symbols and signs.

Carl Jung believed dreams revealed archetypes of self/persona/shadow/anima and dreams acted as a guide to wisdom, self-discovery and transformation.

What happens if your dream becomes a nightmare?

Are you dreaming of a better world?

Are you dreaming of being somewhere else or someone else?

Get your group to keep a dream diary – write these down to share as possible material to create from.

Opposites work well on stage to give contrast to your piece in order to take people on a journey and surprise them.

Think about incorporating text/images through multimedia or props.

Will the music reflect the theme?