

ausDANCE  
ACT

2022



**AUSTRALIAN  
DANCE WEEK**  
29 APRIL – 8 MAY

The Ausdance network promotes dance in all its forms every year during Australian Dance Week. Ausdance ACT throws the spotlight on a thriving and diverse local dance scene from studio classes, workshops and activities for many ages with loads of free classes and events.

We also have a selection of Ausdance ACT presented events featuring high quality professional performance, community events and workshops.

Plan your week here with the daily calendar, check for updates and booking details on our website and immerse yourself in dance!

[ausdanceact.org.au](http://ausdanceact.org.au)

### 29 April | Ausdance ACT Australian Dance Week Opening

Join us on International Dance Day as we kick off our Australian Dance Week celebrations. To be officially opened by Minister for the Arts Tara Cheyne MLA, featuring performances by Emma Laverty's Project Dust, The Training Ground's 'Unravel' and PARICE, as well as a preview of the dance film, 'Unavoidable Casualty' by QL2 Dance.

Presented in partnership with Ainslie and Gorman Arts Centres.

**5.30pm - 7.30pm | Main Hall, Gorman Arts Centre, Ainslie Avenue, Braddon**

**This is a free event however you must RSVP to [act@ausdance.org.au](mailto:act@ausdance.org.au)**



Design Credit: Natsuko Yonezawa

### 29 April | Unavoidable Casualty Film Premiere by QL2 Dance

'Unavoidable Casualty' stems from a desire to find a way for QL2 dancers to express how traumatic events they have experienced either through their own experiences or that of others resonate with them and how as a group and community, they can find a way forward after having been through those experiences.

Choreographers: Ruth Osborne & Steve Gow  
Composer: Adam Ventoura  
Cinematographers: Andrew Campbell and Craig Dear  
Lighting: Stefan Wronski  
Costumes: Cate Clelland

Supported by Canberra Theatre Centre

**FREE EVENT from 10am | Online**

**For more information:**  
[ql2.org.au](http://ql2.org.au)



Photo Credit: Lorna Sim

### 29 April, 3, 4 & 6 May | ZEST: Dance for Wellbeing

Try a ZEST: Dance for Wellbeing class for free during Dance Week.

Classes are designed for adults who want to keep their body and brain active and healthy, regardless of their mobility, skill or age. Have fun, feel good!

ZEST: Dance for Wellbeing is supported by Ausdance ACT, Belco Arts, Tuggeranong Arts Centre and Parkinson's ACT.

**29 April @ 10am - 11am | Hughes Community Centre**

**29 April @ 12pm - 1pm, 3 May @ 1.15pm - 2.30pm, 6 May @ 12pm - 1pm | Belconnen Arts Centre**

**3 May @ 10am - 11am | Greenway Views**

**4 May @ 11.15am - 12.30pm | Tuggeranong Arts Centre**

**For more information:**  
[zestdwb.blogspot.com](http://zestdwb.blogspot.com)



Photo Credit: Lorna Sim

### 29 April | Symbiosis by Australian Dance Party presented by Ausdance ACT & Canberra International Music Festival

Celebrate Australian Dance Week and the Canberra International Music Festival with 'Tree of Life'; a magical walk through nature, music and dance at the Australian National Botanic Gardens. Featuring Levente Szabo's solo from 'Symbiosis', a site-specific work by Australian Dance Party, with sound design by Andy McMillan.

**11.30am - 1pm | Australian National Botanic Gardens**

**Bookings:**  
[cimf.org.au/shows/tree-of-life/](http://cimf.org.au/shows/tree-of-life/)



Photo Credit: Lorna Sim

### 29 April - 8 May | First Time Student Offer at Canberra Dance Theatre

CDT offers classes and performance opportunities for adults in a range of dance styles. Have fun while you improve your ability to move your body and explore your creativity. Buy your first class; try others during Dance Week for free.

**Canberra Dance Theatre, 1 Kingsley St, Acton (cnr Barry Drive)**

**Timetable & Bookings:**  
[bookoo.com/canberradancetheatre](http://bookoo.com/canberradancetheatre)



Photo Credit: CDT

### 29 April - 8 May | Dance Week Trial Pass at 6th Position

Ever wanted to know what all the fuss is about?

If you're a new student, you can sign up for 6th Position's UNLIMITED three week trial pass for only \$20! Use code DW22.

Only valid during Dance Week.

**6th Position Studio, 83 Petrie Plaza, Canberra City**

**For more information:**  
[6thposition.com.au](http://6thposition.com.au)



### 29 April - 8 May | Come & Try Free Classes at Folk Dance Canberra

Folk Dance Canberra is a unique and welcoming community providing physical and social wellbeing through world dance. Suitable for all ages and levels of dance experience. Classes offer a wonderful pathway into dance cultures across the globe.

**Folk Dance Canberra Hall, 114 Maitland Street, Hackett**

**For more information:**  
[folkdancecanberra.org.au/class-timetable/](http://folkdancecanberra.org.au/class-timetable/)



Photo Credit: Folk Dance Canberra

### 30 April | Dance for Parkinson's Australia 10th Anniversary

Dance for Parkinson's Australia celebrates 10 years of providing dance classes for people with Parkinson's disease right across Australia, and 20 years since the program began at the Mark Morris Dance Group, Brooklyn, New York. The classes empower participants to explore movement and music in ways that are refreshing, enjoyable, stimulating and creative.

Join their celebrations during Australian Dance Week.

**24 Hour Online Event**

**For more information:**  
[danceforparkinsonsaustralia.org/](http://danceforparkinsonsaustralia.org/)



Photo Credit: Paul Chapman

### 30 April & 1 May | Praksis Canberra Movement Teacher Training Workshop

10 hours of movement teacher education spread over two days, with additional time for conversation and Q&As, presented by Thomas Emerson and Soisci Porchetta.

**Praksis, G08/15 Provan St, Campbell**

**For more information:**  
[praksis.com.au/workshops/teachertraining](http://praksis.com.au/workshops/teachertraining)



Photo Credit: Ryan Altman

### 30 April & 7 May | Dance Your Life Group Movement Sessions

These sessions give participants a gentle space to explore their emotions, thoughts and insights through movement.

As a result, participants are able to experience affirmation, deep connection and nourishment.

**30 April @ 2pm - 3.30pm | Online**  
**7 May @ 2pm - 3.30pm | Online**

**Bookings via Trybooking**



### 30 April | Workshop with Max Burgess

This workshop is open to all bodies and abilities and consists of activities and tasking conceived through Max's development of their work 'Synthesise Me'. Explore relationships of body and space, the antiquity of bodily expression, and frivolous movement to engage with happiness.

**3pm - 5pm | Canberra Dance Theatre, 1 Kingsley St, Acton (cnr Barry Drive)**

**This is a free event but registrations are required. Please register at [bookoo.com/canberradancetheatre](http://bookoo.com/canberradancetheatre)**



Photo Credit: Amit Noy





1 May | Ausdance ACT presents Chinese Tiger & Lion Dance Workshop

Ausdance ACT presents the next offering in our 2022 Workshop Series presented in partnership with Ainslie and Gorman Arts Centres.

Join the performers of Canberra Dragon Dance teaching the basics of Chinese lion dance and tiger dance. These arts are rarely taught to the general public, so now is your chance to learn these ancient skills!

This workshop is suitable for all ages however children under 12 years of age must be accompanied by a paying adult.

1pm - 3pm | Main Hall, Gorman Arts Centre, Ainslie Avenue, Braddon

Bookings via [Eventbrite](#)



1 May | World Parkinson's Day

World Parkinson's Day provides an opportunity for people to come together and tell the story of Parkinson's. Join the conversation and celebrate with dance performances by ZEST: Dance for Wellbeing on the beautiful lawns of the Southern Cross Yacht Club in Yarralumla.

Southern Cross Yacht Club lawns, Yarralumla

For more information: [parkinsonsact.org.au/](#)



1 May | Dance Week Open Day at Bom Funk

Bom Funk is inviting everyone from the community to attend their Dance Week Open Day to experience free dance classes in a number of styles and celebrate what we all love most: DANCE!

1pm - 4pm | Bom Funk QBN HQ, 5 High St, Queanbeyan

Bookings: [bomfunk.com.au/open-day](#)



1 May | Informal Showing of 'Synthesise Me' by Max Burgess

'Synthesise Me' is the outcome of Max's six weeks as Artist in Residence at Canberra Dance Theatre. The work aims to explore the relationship of different converging identities within the metaphysical; proposing the question, 'can we find cohesion in this one body?'

4pm | Canberra Dance Theatre, 1 Kingsley St, Acton (cnr Barry Drive)

This is a free event but registrations are required. Please register at [bookey.com/canberradancetheatre](#)



2 May | Dance Week Workshops at 6th Position

6th Position is celebrating Dance Week with some fun dance styles you wouldn't normally see on their timetable!

Heels - 6pm  
Improvisation - 6pm  
Jazz Funk - 7.10pm  
Disco - 7.10pm

Only \$10 per workshop!  
Ages 16+

Every. BODY. Welcome

6pm - 8.10pm | 6th Position Studio, 83 Petrie Plaza, Canberra City

For more information: [6thposition.com.au](#)



3, 4 & 5 May | Free Trial Classes at 1010 Dance

1010 Dance is the home of exotic floor work in Canberra. They are offering free trial classes for the entire week.

Beginner Class 3 May @ 5.30pm - 6.30pm | Subsance Studio, 1/27-29 Eyre St, Kingston

Intermediate Class 4 May @ 6pm - 7pm | 4/86 Sheppard St, Hume

Mixed Class 5 May @ 5.30pm - 6.30pm | 1/27-29 Eyre St, Subsance Studio, Kingston

For more information contact: [info@1010dance.com.au](#)



4 May | Ausdance ACT Industry Networking Morning Tea

Come and be part of Ausdance ACT's Australian Dance Week morning tea. A great opportunity for the ACT dance community to gather, learn about each other's work, exchange ideas and experiences. Dance studios, teachers, administrators, independent dancers, Ausdance members are all welcome.

Featuring Wild Yunnan Tea sampling and catering by local Tea Connoisseur.

Presented in partnership with Ainslie and Gorman Arts Centres.

10.30am - 12pm | Main Hall, Gorman Arts Centre, Ainslie Avenue, Braddon

This is a free event however you must RSVP to [act@ausdance.org.au](#)



6 May | LESS by Australian Dance Party presented by Ausdance ACT & Canberra International Music Festival

Expect the unexpected at 'Fyshwick Follies'! Explore three of Canberra's newest venues in an eclectic and experimental morning of music and dance. Featuring an excerpt from Australian Dance Party's 'LESS' choreographed by Alison Plevey with dance artists Ashlee Bye, Ryan Douglas Stone, Patricia Hayes-Cavanagh and John Mackey (saxophone) and Liam Budge (vocals).

11.30am - 1pm | LESS, in the courtyard at Dairy Road, Fyshwick

Bookings: [cimf.org.au/shows/fyshwick-follies/](#)



6 May | Studio Performance at Dance Development Centre

Dance Development Centre has been developing dancers for over 30 years. Join them for a studio performance of students' choreography, solos and group work during Dance Week.

4pm | DDC Studio, 55 Crofts Crescent, Spence

This is a free event. For more information: [dancedevelopment.com.au](#)



6 & 7 May | Fresh Faced Funk Young Choreographers Initiative

A showcase of new dance works, from contemporary to hip-hop styles, created and performed by Fresh Funk's advanced dancers.

6 May @ 7:30pm  
7 May @ 5pm & 7:30pm | Tuggeranong Arts Centre

Bookings via [Humanitix](#)



7 May | Brazilian Samba Fitness with Kokoloco Dance Studio

Kokoloco is presenting a free Brazilian Samba & Fitness dance class!

This is one of their most popular classes and styles, incorporating Brazilian Funk and Samba fundamentals and movements.

An amazing workout and the best time!

10.30am - 11.30am | Glebe Park Stage

For more information: [kokoloco.com.au](#)



7 May | Ausdance ACT presents Site-specific Solo Composition Dance in Nature Workshop

Another fantastic offering as part of Ausdance ACT's 2022 Workshop Series in partnership with Ainslie and Gorman Arts Centres.

Join Debora Di Centa and Helena-Maria Da Costa to explore movement composition and how to create site-specific dance in nature.

Prepare your body and mind to explore tasks, work alone and with others and connect to the surroundings.

Open level 18+

1pm - 3.30pm | Justice Robert Hope Park, Negus Crescent, Watson

Bookings via [Eventbrite](#)



7 May | IGNITE: Moves

IGNITE: Moves is back! Relaunching in Dance Week 2022, Belco Arts invites you to experience the freedom and joy of movement in a welcoming and supportive environment.

Ruth O'Brien and Liz Lea will lead this inclusive workshop open to people living with and without disability of all levels of experiences.

2pm - 4pm | Belconnen Arts Centre, 118 Emu Bank, Belconnen

This is a free event but registrations are required. Please register at [liz@belcoarts.com.au](#)



Join the Ausdance community. Your membership fee goes towards advocacy in dance as well as our programs to strengthen, grow and develop the dance sector.

For more information: [ausdanceact.org.au/](#)

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All program information is correct at the time of publication but may be subject to change without notice.

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A+G Ainslie + Gorman  
Arts Centres

